

Take Home Art Recipe  
with Special ART TECHNIQUES  
from Ms Bossy Pants

1. Work large with big brushes and put on music with a fast tempo.
2. Have handy the following materials: canvas, paper or board; water, 2 colors of paint plus black and white, charcoal, pencil, colored pencils and oil pastels, a stencil, a used credit card or plastic room key, paper towel, spray bottle of paint or spray paint, a page of newspaper and a brayer.
3. With your colored pencil make an agitated, nervous line in one area and then a dotted highway line to another side.
4. With charcoal make 3 thick lines and a delicate playful line that goes off the compositional space. Smudge some of this.
5. Turn the canvas 90 degrees. Make a large shape of paint with your credit card that covers 2/3rds of the space with your 1st color. Vary the color by intensity and value by adding black and/or white to it gradually, creating a gradation of color. With the edge of the credit card scrape through the shape and with a damp handful of paper towels soften most of the edges.
6. Turn the canvas 90 degrees. Put a milky tinted wash over 2/3rds of the top and let it run and drip down. Wipe off some of the drips.
7. Scrape some thick white paint through your stencil in 3 places. Create different amounts of the stencil area...one larger and overlapping the big shape of color.
8. Brayer through one stenciled area

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9. Turn 90 degrees. Add black to your second color and stamp a pattern of lines from one edge to the opposite edge changing the angle as you stamp. With the damp paper towel soften some of this.

10. Do another milky wash with the second color and the mid-section of the composition and let it drip. Wipe off some of the drips.

11. Draw Chicken Scratches with an oil pastel in the form of a trail from top to bottom with more at the top and fewer at the bottom.

12. Tear a large newspaper into two parts and lay them over your painting so there is a gap between them, then spray a little paint in the gap.

13. Mix the first color with a little black and white to make a colored neutral and make a shape of paint on three of the sides of the composition. They should be different sizes. Crumple dry newspaper and stamp into the wet paint, and soften some of the edges with wet paper towel.

14. Turn 90 degrees.

15. Determine if what you have so far is mostly mid-value, dark, or light and add three lines of what is missing by drawing with the edge of your brayer.

16. Use a bright, high chroma paint or crayon or pencil and partially outline 3 areas, soften some edges.

Okay. STOP. How was it? I hope you didn't think too much or judge what you were doing. Look for what is different than your usual imagery. How did you feel making this painting? Do another one with your own intuitive and unfolding rules!